

## Confetti Rice

1 red pepper, chopped  
1 bunch of green onions, sliced  
1 cup frozen corn kernels, thawed  
1 cup frozen peas, thawed  
1 15-ounce can red kidney beans, drained and rinsed  
2 cups cooked brown rice  
½ cup store bought fat-free Italian dressing  
Salt and pepper to taste

Combine the vegetables, beans, and rice in a large bowl. Add dressing. Salt and pepper to taste. Enjoy.