

Greek Cucumber Salad

3 cups cucumbers, sliced or diced

1 cup tomatoes, sliced

1 cup chickpeas

1 cup Kalamata olives, sliced

1/2 cup red onion, sliced or diced

1/2 cup basil, chopped

1 cup non-diary feta cheese

Dressing

1/2 c liquid from a can of chickpeas

2 T White wine vinegar

1/4 c lemon juice

1 1/2 T white miso

1T Maple syrup

2 1/2 garlic cloves

1 heaping T Nutritional Yeast

1/2 tsp oregano

1/2 tsp basil

1/2 tsp black pepper

1/2 tsp salt

1 T dried parsley

Blend in food processor or Nutri bullet.